

OXYGEN THERAPIES

Interview with Ed McCabe

"Ozone removes viruses and bacteria from blood, human and stored. It has successfully been used on AIDS, herpes, hepatitis, mononucleosis, cirrhosis of the liver, gangrene, cardiovascular disease, arteriosclerosis, high cholesterol, cancerous tumors, lymphomas, leukemias, highly effective on rheumatoid and other arthritis, improves mental sclerosis, ameliorates alzheimer disease, senility, and parkinsons, effective on proctitis, colitis, prostate, candidiasis, trichomoniasis, and cystitis. Externally, ozone is effective in treating acne, burns, leg ulcers, open sores and wounds, eczema and fungus."

"In the USA, they now use SWAT teams to break down the office doors of doctors trying to help their patients by using oxygen therapies. They push everyone against the wall at gunpoint and confiscate the ozone machines and patient records."

"We are witnessing the Oxygen Wars!"

Adapted from Interview of Ed McCabe on NBC affiliate WPTZ Television, Plattsburgh, NY. "News 4 this week, issues facing the people of our region." With Stuart Ledbetter.

Stuart Ledbetter: *This morning, a subject we think you'll find pretty fascinating. A seasoned medical treatment that our guest will tell you really works. And yet, one that most of the medical establishment in this country probably knows little about. It is called oxygen therapies. And with us this morning is the author of a first-of-its-kind book on the subject, Ed McCabe.*

Our subject for this morning is rather unconventional for this program. We're going to be talking about a book which describes a medical treatment which, I'll admit right off the top, I knew virtually nothing about until I began reading the literature provided by Ed McCabe who is an author and investigative journalist who, for the past couple of years, has been touring the country, and the world, talking about this book and this treatment, oxygen therapies.

Ed McCabe: Yes, I have been to Australia and New Zealand, at their invitation and expense. I do a lot of health shows out on the west coast as well, Los Angeles, San Francisco, Mexico, Chicago, Miami, New York, Boston etc.

SL: *How many public appearances lately?*

EM: Last time I counted it up, I've appeared on over 500 radio and TV stations and speaking platforms at different health expos, doctor's meetings, and so forth.

SL: *The subject of your book is pretty straight forward. It's called "Oxygen Therapies, A New Way of Approaching Disease." I gather, Ed, that it's just that simple. Tell me, give me an overview, what does it mean?*

EM: If someone is sick, that means in most cases their body has become full of pollution to the point where bacteria or viruses or maybe cancer cells have started growing out of control. The bacteria, the viruses, the cancer cells, the fungus, the pathogens, almost all these microbes are anaerobic. Anaerobic is the scientific term that means "they can't live in oxygen." So I discovered over a hundred years worth of research, actual medical history, going back documenting doctors that were using different oxygen therapies and products. They found if they put oxygen into a sick person's body, they got well. Or the disease became extremely manageable. The simplicity of that has just gone over the heads of just about everyone in our rush toward finding a drug to cure disease. So I've been trying to resurrect, and also bring to the public's attention, the current research that is going on right now.

SL: *Tell us a little about your background so we can get a bit of insight into you, then we can get into the book and the treatment.*

EM: Sure. I have a degree in educational media from the University of Massachusetts. I worked in the health food industry back in the late '60s and kept up my studying and my looking into better ways to do things. I saw the suffering around us and I said "There must be a better way. There's got to be an answer." So, I've been digging and digging for over 20 years. All my research kept

OXYGEN THERAPIES - Interview with Ed McCabe

coming back to the fact that almost everything that worked for health, worked because somehow it raised the oxygen level of the body. Again, as I said in the beginning, if the bacteria and viruses and cancer cells causing the disease can't live in oxygen and you surround them with oxygen, what's going to happen to them? And that's whole point of oxygen therapies. So when I tried it, and my friends tried it, and our illnesses went away, and I looked at the rapid spread of disease through our society, I decided the world needs to be told about this amazingly simple subject immediately and I started my work of writing and lecturing.

SL: *I gather oxygen therapies are widely used, and are widely known in most parts of the world?*

EM: Yes, especially in Europe. In Germany there are thousands of physicians that have been using, for example, medical ozone therapy. No, ozone is not smog. What we're speaking about is medical grade ozone, which is a higher form of oxygen. They have safely used this successfully for over fifty years on humans. But there are companies in this country trying to get human test approval .. and yet they can't get FDA human testing approval even though it is extremely effective, and no one has ever been hurt by using it, as long as the protocols were followed.

SL: *I must confess that I was rather cynical because of the claim that this is essentially a cure-all. Oxygen therapies... hydrogen peroxide, magnesium oxides, stabilized oxygen, ozone therapy cures .. give me the range of diseases.*

EM: Well, instead of taking my word for it, I'll read you a quote. This is from the Sixth World Ozone Conference. These are international MD.. These are MDs from all over the world who came together in 1983 in Washington. They said, "Ozone removes viruses and bacteria from blood, human and stored. It has successfully been used on AIDS, herpes, hepatitis, mononucleosis, cirrhosis of the liver, gangrene, cardiovascular disease, arteriosclerosis, high cholesterol, cancerous tumors, lymphomas, leukemias, highly effective on rheumatoid and other arthritis, improves mental sclerosis, ameliorates alzheimer disease, senility, and parkinsons, effective on proctitis, colitis, prostate, candidiasis, trichomoniasis, and cystitis. Externally, ozone is effective in treating acne, burns, leg ulcers, open sores and wounds, eczema, and fungus."

These are internationally respected doctors. They printed this in 1983. Taking just one of the things they said, we can totally clean up the blood bank supply. So, when my relative went to the hospital and had an operation, she came home with hepatitis from the contaminated blood. How many people get AIDS that way? I've met people that were HIV infected that way. Totally unnecessary! We could totally clean up the blood supply by bubbling ozone through it. Its that simple and they still don't adopt it.

SL: *I gather that ... listening to you rattle off that laundry list of serious disease ... why, if it works, do we still have those diseases?*

EM: That's the big question. When I found these things out I made a bunch of phone calls to different news organizations around the country and said "hey, I hear you guys are looking for the answer for AIDS. Well, I know of people living in Germany that have been getting rid of AIDS." I have a doctor - I printed six of the case histories in my book - who says he's gotten rid of AIDS in his patients. Most recently, I was out in San Francisco where I videotaped, four people with AIDS out of 160 that have been treating themselves with ozone. They were faced with the prospect of death because their doctors didn't have anything except AZT and its cousins. These fellows had unearthed the German ozone research and said, "Hey, Doc, treat me with it." The doctor said, "I can't. I'll lose my license. I'll lose my insurance." So they said,

what can we do? Finally, they decided to treat themselves. And that's what they did. I went out and videotaped four of them. And I've got four of the fellows saying that they would have been dead if it wasn't for ozone therapy. As of right now, they would have been long gone, but here they are alive. Within 3-6 weeks their T-cells stabilized and then doubled later on. The fourth guy - he's now been two years into the program - he is completely free of the virus. He's been tested and retested. He keeps coming up what they call "PCR negative". They can find no trace of the virus. Yet, you don't see it. You don't see it on the news.

"In Germany there are thousands of physicians that have been using, medical ozone therapy. They have safely used this successfully for over fifty years on humans."

I've talked to doctors that have tried to promote this at some national and international meetings and their efforts just didn't work. Everywhere it's drugs, drugs, drugs. That's not what we're talking about at all. We're talking about a gas that is deadly to disease-causing microorganisms, yet is totally harmless to human cells.

SL: *The gas, ozone, O3?*

EM: O3, the higher form of oxygen. Also called allotropic oxygen, activated oxygen, or triatomic oxygen.

SL: *That's quite a story that you tell, particularly about people that you met. When you say that this has been around for a long time and yet it is ignored, it is ignored by whom? I mean surely, we have doctors in this country who care about curing disease and helping people.*

EM: Yes, they do. I haven't met any doctors yet who didn't want to help their patients. The trouble is most doctors spend all day treating patients. They don't have time to go out and find these things. I, on the other hand, don't treat patients. I'm a journalist. I went out and interviewed thousands of patients, hundreds of doctors and visited scores of clinics in the United States, Mexico,

OXYGEN THERAPIES - Interview with Ed McCabe

Australia, New Zealand, and I just have all these success stories. Over and over and over, they just keep piling up. I'm trying to tell people. There is a group of over 400 doctors in the United States that have banded together to form an organisation to try to advance this within the American medical system. It has been proven effective, but how can you just totally ignore it. It seems that their organisation, IBOM, is growing very quickly. But the problem is if the doctor has never heard of oxygen therapy, he doesn't understand what they're talking about so he just kind of ignores it, he goes away because they're not taught anything about any oxidative modalities when they are in medical school. So it's not even in their vocabulary. They don't understand the whole concept. They are still taught that you should take a drug to poison disease, rather than take oxygen and strengthen the body so it throws off the disease.

SL: *Again, I apologize for being cynical, but why would American doctors be so willing, when they are surrounded by other western countries, in Europe as you point out, have had some success with this treatment ... Why would they allow themselves to be so out of date?*

EM: They simply haven't heard of it ... which is why I wrote the book, why I lecture, why I go around. They simply haven't heard of it. So they don't know there is an answer to most of the diseases that face our society today. They simply don't know it. And when you read this laundry list of diseases like I just did, according to the doctors who actually treated all these diseases successfully, when I talked to veterinarians .. they have been using it for over 30 years in their practices on animals ... so it's not a belief factor, it's just a real scientific fact. It's just amazing to me. It's still amazing to me that it hasn't caught on. I tried calling some AIDS hotlines, these people who answered the phone have AIDS themselves ... It's unbelievable ... I say I know people who don't have AIDS anymore, I tell them this but they still have closed minds.

Of course we are trying. But over time people get entrenched. They get used to doing things a certain way. They build their empires. Their pride gets in the way. Their medical and administrative staffs think a certain way. And the people that are appointed to the government posts that oversee all this, they are taught a certain way. Medical schools are funded by the corporations so that the curriculum goes a certain way. They train people that fill the corporate jobs, to not think in this way. It's kind of like a "closed shop" thing ... Nothing new comes in. I've got videotape of people who used it ... I just came back from Miami. I interviewed 15 people in different cities who stated they were cured of cancer by using one of the oxygen therapies.

SL: *What kind of cancer?*

EM: Amazingly enough, one of them had pancreatic cancer. A

woman had breast cancer. A man had prostate cancer. Someone else had colon cancer. Dr. Otto Warburg won the Nobel Prize twice for stating that the cause of cancer is a normal cell denied 60% of its oxygen requirements. This happens when too much pollution collects over the years in the body. This causes the cell to start fermenting body sugar instead of "breathing" oxygen to get its ATP energy. To do this it turns into cancer. He won the Nobel Prize for that. Twice. Nominated for a third. I asked a big cancer specialist two days ago if he had ever heard of Dr. Warburg, and he said no. And this specialist's title was "Head of Fermentation Process Laboratories."

"I've got four of the fellows saying that they would have been dead [of AIDS] if it wasn't for ozone therapy."

SL: *Ed McCabe is our guest. The book is Oxygen Therapies, a New Way of Approaching Disease. It is published by Energy Publications, Morrisville, New York. It is US\$12.00. I am told it is available in health food stores nationwide, at least they can get it for you. Or through a toll free number 800 284 6263. You were talking about the simplicity of this treatment. Let's assume that everything you say is true and documented and so forth. What's involved, and tell me about the cost and so forth.*

EM: Okay. Although some of the people are taking some of these oxygen therapies as home remedies, they are available over the counter in many health food stores [in the USA]. The real serious diseases should be handled by a competent health care professional, hopefully one trained in these oxidative modalities.

SL: *I gather you can't get ozone ... it is not available here.*

EM: It is a funny legal, but mostly political, situation here. the FDA, because they have not approved human testing, although there has been a company trying to get human testing for four years, every year they change the people reviewing the case, send them back to square one and say do another study, do another study. But it's been used on humans for 50 years in Germany without a hitch at all! I don't know why they keep dragging their feet and not let them do harmless human testing.

SL: *What companies are asking for human testing?*

EM: Medizone out of New York. They have been trying to get their protocols accepted..

SL: *Watch that stock price.*

EM: There is also a Dr. Bernard Poiesz, for example, Syracuse University research hospital. He has done 15 replications of his study using ozone to kill the HIV virus. He has taken blood components infected with the HIV virus, interfaced it with ozone and totally killed the virus, leaving the regular blood components alone. The human blood is fine. He tried to write this up and get it published. He had it under submission three years through the Journal of The American Society of Hematology. And they didn't

OXYGEN THERAPIES - Interview with Ed McCabe

print it. They kept sending it back for revisions. Finally, on October 1st, 1991 they published it. How many have died in all these years from AIDS who could be healthy now if we had been applying these oxygen therapies?

There are doctors trying to get heard, but the weight of the people selling competing products is powerful and the weight of the people who don't know anything about it, they just scratch their heads and go "how can this be, how can this be so effective and so simple? It can't be true." They can't see the forest through the trees, that's the problem. That's what we're stuck with.

SL: *What's involved? In treating with medical ozone, one would essentially ... It would almost be like dialysis, the blood would be removed from the body and mixed with the ozone.*

EM: They've done that on hundreds of thousands of people in Europe for 50 years. The AIDS people in San Francisco, the cancer people in Florida, they use another method, rectal insufflation. They put a measured amount of the pure medical grade ozone/oxygen gas into the empty colonic cavity and then it's absorbed directly into the bloodstream through the walls of the colon. That's the way they decided to do it without fooling around with needles or IV infusions or any of that stuff. It's the simplest, safest method they found. They treat themselves with that.

They formed a cooperative. They bought an ozone machine. They have to get medical grade oxygen to put into it. It turns the medical grade oxygen into medical ozone. They put that into a measuring flask or bag hung inverted on the wall. Through the process of gravity feeding it runs down ... they lay on a table and it flows into the colon. Then it just goes into the bloodstream. The procedure takes probably 5 minutes at most.

They say they have to do this, in the case of AIDS or cancer, they have to do it once a day every day without fail for a minimum of 21 days in a row. Every day raising the oxygen level, raising the oxygen level of the body until all the inner tissues become saturated. At some point, how can the AIDS virus hide anywhere if the body is full of this active oxygen seeking out any pathogen in the body to kill it. So, to begin, it takes 21 or 30 days. After 21 or 30 days they switch to every other day for a month. And the following months it is every third day. And every six months they repeat the procedure if needed, they start all over again. They just keep going right back.

It is amazing because the doctors always advocate that people using oxygen therapies should change their diet, their lifestyles, get rid of stress, eat better food, that sort of thing, stay away from alcohol and chemicals. Especially during the oxygen therapies it is often advocated that patients get regular colonics to lessen the common temporary cleansing reactions like tiredness, fever, swelling, rashes, and the like which may show up for a day or two

as the dead pathogens are flushed out. It was also advocated, by a doctor I interviewed, to take wheat sprout SOD to get the necessary glutathione peroxidase antioxidants which help the body to uptake all this oxygen while protecting and building the cell walls.

But these people with AIDS out in San Francisco, without doing anything at all except the ozone, they don't have healthy lifestyles or supplementation or other treatments at all, they are getting their T-Cell counts to come back up or stabilize. They gain weight.

They've gone back to work. They're happy, they don't get any of the secondary infections. Imagine the results possible if they did everything right. Now there are even more effective ways of doing it in shorter amounts of time. The problem is how to get the ozone to where the virus hides in the central nervous system. This problem was recently overcome independently by several U.S. ozone physicians who discovered the use of either hyperbaric chambers or DMSO after infusion. This is an amazing breakthrough in medical history.

Yet we're still trying to get the word out, but it falls on deaf ears because I'm not a university. I'm not a huge international corporation. Connie Chung told David Letterman on TV one night, "You know Dave, sometimes we're at the mercy of the corporations and governments for our news. They just hand it to us." And if you're not part of the inner circle, they don't listen to you. So I've gone out as a journalist and recorded, documented, videotaped all these doctors, all these patients and their stories. The truth speaks for itself.

SL: *Wow. Has this been uniformly successful? Have there been cases that you know of where this treatment has failed?*

EM: The only failures we see are people who are antioxidant deficient, or don't follow the protocols, or who come to it too late. Oxygen works when there is something left to repair. It can't build an organ. If the organ has been eaten away, there is nothing it can do. Even in those patients, however, it often takes away the pain. When someone is on their death bed and they start getting oxygen into the nerves, the pain often goes away from their disease and they pass peacefully instead of clutching the bedsheets, they peacefully expire. It's a Godsend even at the end, if they come too late.

SL: *There's no harmful effects here? Is there an over saturation point for example?*

EM: Oh, if you don't follow the protocols exactly. Yeah. If you drink too much water you can drown. It's the same thing. If you don't follow the protocol, you're in trouble. But the protocols have been established and used for over 50 years. So it's not like people are guessing as to what to do. The Germans and certain Americans are masters at it. They have been doing it for 50 years on humans. There is a doctor in Miami who came out retirement to treat peo-

"They [doctors] are still taught that you should take a drug to poison disease, rather than take oxygen and strengthen the body so it throws off the disease."

OXYGEN THERAPIES - Interview with Ed McCabe

ple with ozone. He learned about it when he was the doctor for the prisoners of war on Ellis Island in WWII, and a German chemist was kept there as an FBI prisoner who got sick. He said, "Hey, Doc, why don't you treat me with some ozone?" That's how he found out about the ozone. A Swiss doctor retired in California, used ozone for 40 years.

SL: *How about other tropical diseases, the external applications.*

EM: Quoting again, the ozone is "effective in treating acne, burns, leg ulcers, open sores and wounds, eczema and fungus." I know of one case where the woman had an open bleeding ulcer on her leg. It was an open sore. it was open like that for 10 years. She and her doctors had tried everything. She couldn't get it to close. What they did was to put a bag around the leg, picture putting a baggie around the leg, like a balloon, then putting ozone into the bag so that the ozone covered and soaked into the leg. By doing that for about a week and a half, the skin ulcer had closed up within days and then healed over and was turning into pink skin in about three weeks. It's a treatment unknown in this country.

SL: *This case was where and when?*

EM: This was in someone's home, again, in the ozone underground unfortunately. Someone having to treat themselves in south Florida. South Florida has been a hotbed of the ozone activity because many doctors down there were trying it and getting success and telling all the other doctors.

So Florida, San Francisco, Los Angeles, and New York, the dense population centers naturally seem to be the strongholds of the ozone underground in the U.S. right now. This must be integrated into the mainstream by more orthodox people. Ozone must leave the back rooms. The unnecessary suffering can end.

SL: *So private doctors who were curious themselves, thinking they might be onto something here, attempt the procedure on themselves or a family member or something, hush hush, it worked, they tell their friends, other doctors, and still the treatment goes nowhere?*

EM: Unlike in Europe, where doctors are trusted to do the doctoring themselves, we have a political problem. There's a doctor in Florida, a pediatrician who has used ozone on over ten thousand children. He got rid of, or controlled the childhood diseases. He'd been using it on children for over 40 years when he retired. He was using it in a major hospital in Florida. The hospital administrators came by one day and asked him to stop using it. It was working fine. No one ever was hurt. They said "nobody else uses it, so we don't want to have a lawsuit. Stop doing it."

The federal and state medical authorities are currently seizing and destroying ozone machines. The legal conventions here assume that a physician can't use a treatment that the other doctors around him aren't using. They come in and arrest him and try to strip him of his license. There are many cases pending right now, sincere doctors trying to help their patients by using harmless nat-

ural type remedies. They're being attacked, losing their insurance privileges, they won't let them use ozone. I interview cases where they use SWAT teams to break down the doctor's office door and to his home and break down that door too. They push everyone, mothers and grandmothers, against the wall at gunpoint, and take all the patient records, the ozone machine machines, and the computers and backups. The doctors never get them back. Certain newspapers report this, but leave out the indignities. In their stories they ignore stacks of medical evidence sent to them - including the personal testimony of ex-patients who show up in their editorial offices to correct the biased reporting. They write "Experts say ozone is worthless." "Experts" with absolutely no training or experience with medical ozone. But the public doesn't know that. We are witnessing the oxygen wars.

SL: *What part do all the big pharmaceutical companies play in all of this? We hear more and more about the ... particularly in this part of the country where we have a particularly vocal congressman who essentially was elected in part on the platform that the drug companies control the medical establishment and are very interested in protecting their highly profitable conventional pharmaceuticals.*

EM: If this gets out, it will hurt the drug business, but employ more people to give the treatments and build

the machines. A shifting of resources. It is so effective that most of the drugs that are sold will not be needed. They won't need to be sold. There is a strong economic disincentive for the pharmaceutical companies to get behind this. I even know of people that ... probably 10 or 15 years ago now, went to one of the drug companies and said, "hey, this stuff is great, it works fine. They said, frankly the patents have all expired on these things. They have been patented in the twenties, thirties and the forties, we can't patent it, we're a commercial operation, sorry, we're not interested. It's a very sad state. We need to have everyone open their hearts and help people because the evidence is uncontested that this stuff works. I've seen it with my own eyes. I've got videotape. I can introduce anybody who is a competent researcher to doctors that use it. I can show them.

SL: *We'll do what we can in that regard. The book, once again, is Oxygen Therapies, a New Way of Approaching Disease. The telephone number is (USA) 800 284 6263. That's the number for more information. Ed McCabe is the author. So, Ed McCabe, are you going to continue this one man crusade?*

EM: Well, I'm part of a chain that goes way back. There's a lot of people working real hard, a lot more than just me, but I'm going to continue for sure.

SL: *Okay. let's hope you're right. Oxygen Therapies is in its 19th printing. I'm Stuart Ledbetter. Thanks very much for joining us. Thanks to you Ed, for being with us. We'll see you again soon.*

"I interview cases where they use SWAT teams to break down the doctor's office door..."